## Back-to-School Immunizations & Sports Physicals

Ages 0 -17



When:

August 21st 8am-4pm

Where:

Strawberry Wilderness Community Clinic 180 Ford Road John Day

Please schedule an appointment ahead of time:

541-575-0404

All kids who attend will receive a Yeti water bottle!

## **Immunizations:**

SWCC has all of the vaccines on hand that school aged children would commonly receive including HPV, Meningococcal, Tetanus (Tdap), Hep A, and seasonal Flu.

## **Wellness Exams:**

SWCC healthcare providers highly recommend that adolescents receive a physical exam every year. This includes a brief eye exam, body mass index calculation, a review of body systems, a health assessment that explores nutrition, physical activity, emotional well-being, safety, and social topics.

## **Sports Physicals:**

A SWCC healthcare provider will complete the OSAA Physical Examination form required to compete in Oregon High School and Middle School athletic activities. A full adolescent well child exam is highly recommended. Don't wait until the day before practice to make an appointment!

